

YoMingo Childbirth Education

Anytime, Anywhere and on any Device

Now you can learn about childbirth, newborn care and much more from the convenience of any device with an internet connection! YoMingo is an interactive online tool that offers up-to-date, medically accurate content to help you care for yourself and your baby.

You also have access to resources and tools such as:

- Evidence-based information on prenatal care, labor and birth, postpartum, breastfeeding and newborn care including many videos
- Kick counter, contraction timer, personal journal, feeding log, immunization log, diaper log, and other tools
- This education is available in multiple languages



Get the app now!

Step 1: Register

To sign up, scan the QR code or enter the link:
https://myyomingo.com/RedlandsCommunityHospital/Pregnancy,Labor,andPostpartumEducation_2271_198



Once you sign up, you will receive an email with a user ID and temporary password.

From your email, select the “Get Started” button.

Next, create your own password and sign in using your new password.

You can also download the “myYoMingo” app after you create your account.

Step 2: Download the app

Once you have registered, you can also download the mobile app version by searching your app store for “myYoMingo,” which is available in iTunes, Google Play and Windows app stores.



Maternal Child Services

 **Redlands Community Hospital**

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