

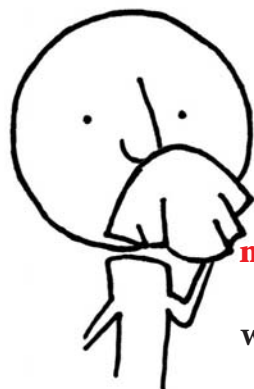
Please be

Proactive

and not

Reactive

A message from:



Cover your mouth and nose with a tissue when you cough or sneeze.

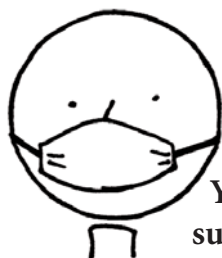
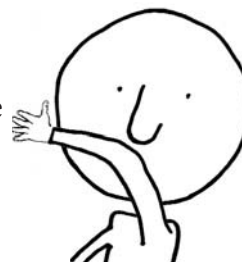
Throw the tissue in the trash after you use it.



Wash your hands with soap and water for 20 seconds
or
clean with alcohol-based hand cleaner.



Cough or sneeze into your upper sleeve, **NOT** your hands.



You may be asked to put on a surgical mask to protect others.

What you can do to stay and keep others healthy:

- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Try to avoid close contact with sick people.
- If you get sick, the CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.