

# Visitation Policy

## Labor and Delivery Couplet Care (Postpartum)

The time of giving birth and the hours after birth are critical times where parent/baby bonds are formed and feeding patterns established. This is best accomplished when parents and babies have uninterrupted time to establish these bonds and patterns.

During the COVID-19 visitation restrictions our patients, both verbally and through a large survey, expressed their preference for having fewer visitors and more uninterrupted time with their babies. This visiting policy has been developed with ongoing feedback from our patients.



**We encourage our patients to designate ONE primary support person who may visit 24 hours a day, 7 days a week.**

**Labor and Delivery** patients may also have one additional support person who may be present throughout labor and delivery only.

**Couplet Care** patients can have a second support person that may visit between the hours of 9 a.m. - 12 p.m., and 4 p.m., - 7 p.m.

The California Department of Public Health does not allow siblings in the hospital at this time. Thank you for supporting our new families in getting the best start possible.

Sincerely,  
*The Labor and Delivery, and  
Couplet Care Staff*



*Caring for Generations.*