

# Stop the Bleed

Stop the Bleed is a national awareness campaign and call-to-action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.



## **Become Empowered**

No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to quickly stop the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide first care.

You may be able to save a life by taking this class and following the simple actions you will learn in the class.

***To Register, please call or email the Education Department  
Extension 5530 or [education@redlandshospital.org](mailto:education@redlandshospital.org)  
(no deposit required)***

<b>Date</b>	<b>Time</b>	<b>Location</b>
<b>February 28<sup>th</sup> – Tuesday</b>	08:30 - 11:30am	ED Conference Room
<b>April 13<sup>th</sup> - Thursday</b>	08:30 – 11:30am	ED Conference Room
<b>July 21<sup>st</sup>- Friday</b>	08:30 – 11:30am	ED Conference Room
<b>Oct 12<sup>th</sup> - Thursday</b>	08:30 – 11:30am	ED Conference Room

**3 CE's will be provided for this course.**

**Redlands Community Hospital CA BRN CE Provider #17214**

**Additional class sessions will be added based on interest / staff need.**