### Community Based (Outreach) Programs and Services

**802 W. Colton Ave Suite D**  
Redlands CA, 92373

**Maternity Tours**  
**6:00-7:00pm**  
**Wednesday**  
January 4 and 18  
February 1 and 15  
March 1 and 15

**Childbirth Preparation Class** –  
**Series of Three - 3 hour classes**  
Includes Mother-Baby Units Orientation Tour  
**Cost:** $100.00  
6:00pm – 9:00pm  
**Zoom-On line classes**  
**Monday**  
January 9, 16, 23  
February 6, 13, 20  
March 6, 13, 27

**Everyone attending classes/tours must wear a mask.**

**Childbirth Preparation (Accelerated Class)**  
**Cost:** $100.00  
**Hours:** 9:00am-5:00pm (one-day)

**Saturday**  
January 14  
February 4  
March 4

**Breastfeeding Basics (prior to delivery)**  
**Cost:** $25.00  
**Hours:** 10:00am-12:00pm

**Zoom- 6-8pm-Wed**  
**Saturday**  
January 28  
February 25  
March 25

**January 11**  
February 15  
March 15

**Childbirth Refresher**  
**Cost:** $35.00 /**Hours:** 6:00- 9:00pm  
Attend the second class from Childbirth Preparation Course.  
**January 16, February 13, March 13**

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*Please No Children at Classes and Tours*

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.  
To register for classes, you can Pay and Register over the Phone by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH

*For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).*

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Telephone # (   )</th>
<th>Mailing Address</th>
<th>City:</th>
<th>Zip Code:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated delivery date</td>
<td>Date of Birth</td>
<td>OB/GYN’s Provider’s Name:</td>
<td>Are you delivering at Redlands Community Hospital?</td>
<td>If not, where?</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Select the class(es) you want – place a √</th>
<th>Desired Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mother-Baby Units orientation Tour</td>
<td>No Charge.</td>
<td></td>
</tr>
<tr>
<td>Childbirth Preparation Classes includes Tour</td>
<td>$100.00</td>
<td></td>
</tr>
<tr>
<td>Childbirth Refresher</td>
<td>$35.00</td>
<td></td>
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<tr>
<td>Childbirth Preparation (Weekend Class)</td>
<td>$100.00</td>
<td></td>
</tr>
<tr>
<td>Breastfeeding Basics</td>
<td>$25.00</td>
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