

COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D
Redlands CA, 92373

<p>Maternity Tours Wednesday 6:00-7:00pm</p> <p><u>WEDNESDAY</u> April 5 and 19 May 3 and 17 June 7 and 21</p> <p>Everyone attending classes must wear a mask, We follow CDC protocol for covid guidelines.</p>	<p>Childbirth Preparation Class – Series of Two - 3 hour classes Includes Mother-Baby Units Orientation Tour Cost: \$100.00 6:00pm –9:00pm</p> <p><u>MONDAY</u> April 3 and 10 May 1 and 8 June 5 and 12</p>
<p>Childbirth Preparation (Accelerated Class) Cost: \$100.00 Hours: 9:00am-5:00pm (one-day)</p> <p><u>Saturday</u> April 1 May 13 June 3</p>	
<p>Breastfeeding Basics (prior to delivery) Cost: \$25.00 Hours: 10:00am-12:00pm</p> <p><u>Saturday</u> <u>Zoom- 6-8pm Monday</u> April 15 April 17 May 6 May 15 June 10 June 19</p>	<p>Childbirth Refresher Cost: \$35.00 /Hours: 6:00- 9:00pm</p> <p>Attend the second class from Childbirth Preparation Course.</p> <p>April 17th, May 15th, and June 19th</p>
<p>For all the Childbirth classes, Please bring the Following: Two pillows and a small blanket for breathing and Relaxation Exercises * Please No Children at Classes and Tours *</p>	

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.

To register for classes, you can **Pay and Register over the Phone** by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

Last Name:		First Name:		Telephone # ()		
Mailing Address:			City:		Zip Code:	
Estimated delivery date		Date of Birth		OB/GYN's Provider's Name:		
Are you delivering at Redlands Community Hospital?			If not, where?			
Select the class(es) you want – place a √				Desired Dates		Cost
Mother-Baby Units orientation Tour						No Charge.
Childbirth Preparation Classes includes Tour						\$100.00
Childbirth Refresher						\$35.00
Childbirth Preparation (Weekend Class)						\$100.00
Breastfeeding Basics						\$25.00