

Visitation Policy

Labor and Delivery Couplet Care (Postpartum)

The time of giving birth and the hours after birth are critical times where parent/baby bonds are formed and feeding patterns established. This is best accomplished when parents and babies have uninterrupted time to establish these bonds and patterns.

During the COVID-19 visitation restrictions our patients, both verbally and through a large survey, expressed their preference for having fewer visitors and more uninterrupted time with their babies. This visiting policy has been developed with ongoing feedback from our patients.



We encourage our patients to designate ONE primary support person who may visit 24 hours a day, 7 days a week.

Labor and Delivery patients may also have one additional support person who may be present throughout labor and delivery only.

Couplet Care patients can have a second support person that may visit between the hours of 9 a.m. - 12 p.m., and 4 p.m., - 7 p.m.

The California Department of Public Health does not allow siblings in the hospital at this time. Thank you for supporting our new families in getting the best start possible.

Sincerely,
*The Labor and Delivery, and
Couplet Care Staff*



Caring for Generations.