## COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D Redlands CA, 92373

Maternity Tours Wednesday 6:00-7:00pm	Childbirth Preparation Class – Series of Three - 3 hour classes				
WEDNESDAY	Includes Mother-Baby Units Orientation Tour Cost: \$100.00				
WEDNESDAY	6:00pm –9:00pm				
July 19	олоории элеории				
August 16	MONDAY				
September 20	July 17, 24, 31				
	August 7, 14, 28				
Childbirth Preparation (Accelerated	September 11, 18, & Friday 29th				
Class)					
Cost: \$100.00					
Hours: 9:00am-5:00pm (one-day)					
Saturday					
July 15					
August 5					
September 9					
Breastfeeding Basics (prior to delivery)	Childbirth Refresher				
Cost: \$25.00	Cost: \$35.00 /Hours: 6:00- 9:00pm				
Hours: 10:00am-12:00pm					
	Attend the second class from Childbirth Preparation				
Saturday	Course.				
July 29	Luke 24 August 44 Contambas 10				
August 12	July 24, August 14, September 18				
September 23					
	asses, Please bring the Following:				
Two pillows and a small blanket for breathing and Relaxation Exercises * Please No Children at Classes and Tours *					
Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.					

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building. To register for classes, you can Pay and Register over the Phone by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

	program (er sr).									
La	st Name:	First Name:			Telephone # (	)				
Mailing Address:			City:			Zip Code:				
Estimated delivery date Date of Birth			OB/GYN's Provider's Name:							
Ar	Are you delivering at Redlands Community Hospital?  If not, where?									
Se	Select the class(es) you want – place a √				Desired	d Dates	Cost			
	Mother-Baby Units orientation	Γour					No Charge.			
	Childbirth Preparation Classes in	ncludes Tour					\$100.00			
	Childbirth Refresher						\$35.00			
	Childbirth Preparation (Weeken	d Class)					\$100.00			
	Breastfeeding Basics						\$25.00			

## COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES



802 W. Colton Ave Suite D Redlands CA, 92373

Maternity Tours	Childbirth Preparation Class –				
Wednesday 6:00-7:00pm	Series of Three - 3 hour classes				
·	Includes Mother-Baby Units Orientation Tour				
WEDNESDAY	Cost: \$100.00				
October 11	6:00pm –9:00pm				
November 15					
	MONDAY				
December 6	October 2, 9, and 23rd				
	November 6, 13, and 27th				
	December 4, 11, and 18th				
Childbirth Preparation (Accelerated Class)	Beechier i, 11, and 10th				
Cost: \$100.00					
Hours: 9:00am-5:00pm (one-day)					
<u>Saturday</u>					
October 28					
November 25					
December 16					
Breastfeeding Basics (prior to delivery)	Childbirth Refresher				
Cost: \$25.00	Cost: \$35.00 /Hours: 6:00- 9:00pm				
Hours: 10:00am-12:00pm					
	Attend the second class from Childbirth Preparation				
Saturday	Course.				
October 7					
November 11	October 9 <sup>th</sup> , November 13 <sup>th</sup> , and December 11th				
December 9					
For all the Childbirth class	sses, Please bring the Following:				
Two pillows and a small blanket for breathing and Relaxation Exercises * Please No					
Children at Classes and Tours *					

Children at Classes and Tours \*

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.

To register for classes, you can Pay and Register over the Phone by calling our Perinatal Services Department at

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Make checks Payable to RCH -

For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).

Last Name:	First Name:			Telephone # ( )		
Mailing Address:		City:		Zip Code	<b>:</b> :	
Estimated delivery date Date of Birth			OB/GYN's Provider's Name:			
Are you delivering at Redlands Community Hospital?  If not, where?						
Select the class(es) you want – place a $\sqrt{}$				Desired Dates	Cost	
Mother-Baby Units orientation 7	Tour				No Charge.	
Childbirth Preparation Classes in	ncludes Tour				\$100.00	
Childbirth Refresher					\$35.00	
Childbirth Preparation (Weeken	d Class)				\$100.00	
Breastfeeding Basics					\$25.00	