



**SPINE
& JOINT
INSTITUTE**

REDLANDS COMMUNITY HOSPITAL

Joint Surgical Dressing

Receiving the proper care to heal your incision is important. You will have one of the following dressings in place after your joint replacement surgery. Please follow these important instructions that will play a key role in your recovery.




Incisions may be closed with 1 of the following:



Dermabond = Skin glue



Staples

Type of Dressing	Dressing Instructions:	Incision Care after dressing is removed:
<input type="checkbox"/> <p>Aquacel</p> <p>Does not absorb any drainage or blood. Dressing will start to balloon if drainage or excess bleeding occurs. Call your surgeon's office if this occurs.</p> 	<p>Remains in place until your post-op follow up appointment with your surgeon. It is okay to shower with the Aquacel in place, 72 hours after surgery. Avoid baths, jacuzzis and swimming until instructed by your surgeon.</p>	<p>Once the Aquacel is removed, monitor incision site for infection (Call your surgeon's office immediately if yellow, green, brown, foul smelling discharge is present).</p>
<input type="checkbox"/> <p>Telfa</p> <p>Does not absorb any drainage or blood. Dressing will become saturated if drainage or excess bleeding occurs. Call your surgeon's office if this occurs.</p> 	<p>Ok to shower and remove the dressing after the shower 72 hours after your surgery. Avoid baths, jacuzzis and swimming until instructed by your surgeon.</p>	<p>After your shower, clean the incision site with a cotton ball dipped in alcohol. Leave the incision uncovered and open to air. (Call your surgeon's office immediately if yellow, green, brown, foul smelling discharge is present).</p>
<input type="checkbox"/> <p>Opsite/Tegaderm</p> <p>Does not absorb any drainage or blood. Dressing will start to balloon if drainage or excess bleeding occurs. Call your surgeon's office if this occurs.</p> 	<p>Remains in place until your post-op follow up appointment with your surgeon. If you had a shoulder replacement, change your dressing as instructed. It is okay to shower with the Opsite/Tegaderm in place, 72 hours after surgery. Avoid baths, jacuzzis and swimming until instructed by your surgeon.</p>	<p>Since this dressing is see through, monitor incision site for infection (Call your surgeon's office immediately if yellow, green, brown, foul smelling discharge is present).</p>